LOCAL REFERRALS DIRECTORY

The following referral information is to assist you in finding the on-going treatment that is right for you. The Counseling Center Staff cannot vouch for all of the care providers listed here. Washington and Jefferson College faculty and staff have recommended some of the providers and some providers are established and well known in the community. We can discuss the list and provide any further information we may have at your request. Please provide any feedback or information about your experiences with any of these individuals or services to help us continue to improve this referral resource.

COUNSELING AND THERAPY SERVICES

Counseling and Trauma Services, LLC
Pauline Amaismeier: BSN, MS, LPC, NCC, RN-BC, BC-TMH, CCTP – Licensed Professional Counselor & Psychiatric Nurse
1900 Waterdam Plaza Drive, Suite #3
Canonsburg, PA 15317
T: (724) 579-3771 / F: (724) 356-2787
www.counselingandtraumaservices.com

Bethany Christian Services
10521 Perry Highway, Suite 200
Wexford, PA 15090
T: (724) 940-2900 / C: (724) 816-4705
F: (724) 940-2901
www.impregnant.org
Specialties: Pregnancy Counseling

Catholic Charities Diocese of Pittsburgh - County Offices, Washington
Gary Yaquinto
331 South Main Street, Suite 5, Washington, PA 15301
T: (724) 228-7722
www.ccpgh.org/pages/services/services_county_washington
Specialties: Addiction information and treatment, Counseling Services, Marriage and Family Therapy

Christian Counseling Associates of Western PA – Washington, PA
René Bair, L.P.C.
22 Cortez Drive
Washington, PA 15301
T: (724) 396-1510
christiancounselingwpa.com/counseling-services/
We provide a full range of services to those who need counseling for any individual, marital, or family concern. When desired, psychiatric referrals for medication management are available.

Harmony
Kang Jasbir, MD
615 E. McMurray Road
McMurray, PA 15317
T: (724) 942-3996 / F: (724) 942-5471
cccapgh.com/category/meet-the-counselors/
Specialties: Counseling Services, Marriage & Family Counseling

COUNSELING AND THERAPY SERVICES

Carole Kunkle-Miller & Associates
Carole Kunkle-Miller, Ph.D. ATR
520 Washington Road, Suite 206
Mt. Lebanon, PA 15228
T: (412) 228-0964
drckm.com/therapy-services/
Comprehensive Psychological Services

Persad Center – Washington
Allison Lange
The CENTER on Strawberry
59 E. Strawberry Avenue
T: (724) 344-6625
www.persadcenter.org
LGBTQ Individual counseling (free of charge)

Elizabeth Skibinski-Bortman, Ph.D.
4050 Washington Road
McMurray PA 15317
T: (724) 942-4490
www.dreelizabethski.com
Licensed Psychologist & Family Therapist

SPHS – The Care Center
75 E Maiden St # 100
Washington, PA 15301
T: (724) 228-2200 / Crisis Hotline 1-888-480-7283
www.sphs.org/the-care-center.html
Specialties: Alcohol Dependency, Anger Management, Drug, Family, Group Counseling, Individual, and Sexual Assault

Patricia Simpson, LCSW, BCD
97 Main Street
Hickory, PA 15340
T: (724) 356-4449 / F: (724) 356-4432

Kate Thompson, LPC
90 West Chestnut Street, Suite 613
Washington, PA 15301
T: (724) 255-7521
Email: kate.thompson071pc@gmail.com
www.katethompsonlpc.com/workingwithacounselor
Specialties: Mood Disorders, Trauma, Anxiety, Self-Esteem, OCD, etc.
COUNSELING AND THERAPY SERVICES CONTINUED

Vista Behavioral Health Associates
South Hills Office
1370 Washington Pike, Suite 303
Bridgeville, PA 15017
T: (412) 206-0123 / F: (412) 206-0128
www.vistabehavioral.com
Specialties: Comprehensive diagnostic evaluation, Individual psychotherapy, Child and adolescent psychotherapy, Family therapy, Couples therapy, Stress management, Psychiatry/medication management

Washington Communities Human Services
378 West Chestnut Street
Washington, PA 15301
T: (724) 225-6940 / F: (724) 225-6811
www.washcomm.net

Washington Psychological Services
Michael Crabtree, Ph.D
87 East Maiden Street
Washington, PA 15301
T: (724) 222-8525 / F: (724) 222-8545
www.washingtonpsychological.com/

Western Pennsylvania Psych Care
Rajendra Nigam, M.D.
200 Old Pond Road, Suite 107
Bridgeville, PA 15017
T: (412) 220-0144 / F: (412) 220-0146
www.westernpapsychcare.net/

NeuroPsychiatry Center
Ravi Kant, MD
200 Old Pond Road, Suite 201
Bridgeville, PA 15017
T: (412) 220-7323 / F: (412) 220-7325
www.drkant.com

LGBTQ SERVICES

Persad Center - Washington
The CENTER on Strawberry
59 E. Strawberry Avenue
T: (724) 344-6625
www.persadcenter.org
LGBTQ individual counseling (free of charge)

Washington County Gay Straight Alliance
59 E Strawberry Avenue
Washington, PA 15301
T: (724) 835-4285
www.wcgusa.org
Email: info@wcgsa.org
The Washington GSA strives to provide a safe, confidential environment for Washington County youth regardless of race, disability, gender, gender identity, or sexual orientation.

DRUG AND ALCOHOL / ADDICTION SERVICES

AA Groups
24 Hour Answering Service
Washington, PA 15301
T: (412) 471-7472
For more information on local meetings go to their www.district14.info/d14meeting.htm

Gamblers Anonymous
Wednesdays, Washington Gamblers Anonymous
7:30 p.m. - The Brownson House (open meeting)
1415 Jefferson Avenue
Washington, PA 15301
T: (412) 281-7484 - Pittsburgh hotline
www.gamblersanonymous.org/ga/locations

Greenbrier Treatment Center
800 Manor Drive
Washington, PA 15301
T: 1-800-637-HOPE (4673) F: (724) 225-9764
Offering Detoxification and Inpatient Rehabilitation Licensed Dual Treatment

Narcotics Anonymous Meeting Locator
www.na.org/MeetingSearch/

SAMHSA
(Substance Abuse Mental Health Services Administration)
U.S. Dept of Health & Human Services Treatment Locator
(Use to find substance abuse treatment centers close by)
https://findtreatment.samhsa.gov/locator

The Turning Point II - Outpatient
90 West Chestnut Street, Suite 510
Washington, PA 15301
T: (724) 222-0112
www.addictionmanager.org
Treatment Approaches: Cognitive/behavioral therapy, Dialectical behavioral therapy, Substance abuse counseling approach, Trauma-related counseling

NEUROPSYCHOLOGICAL SERVICES

Wheeling Hospital
Eric Fishman, Ph.D.
40 Medical Park # 500
Wheeling, WV 26003-6313
T: (301) 281-8442
EATING DISORDERS TREATMENT OPTIONS

Local Physicians who have been recommended and can do a good check-up for people with eating disorders
A very good website to help you look up a treatment provider in any state: www.edreferral.com/index.html

The Emily Program
4001 Stonewood Drive, Suite 200
Wexford, PA 15090
Toll Free: 1-866-916-3280 / F: 724-720-9406
www.emilyprogram.com/locations/pennsylvania
Treatment Specialties: Anorexia Nervosa, Binge Eating Disorder, Bulimia Nervosa, Other Specified Feeding or Eating Disorders, Avoidant Restrictive Food Intake Disorder

The Renfrew Center Foundation for Eating Disorders
201 N. Craig Street, Suite 503
Pittsburgh, PA 15213
T: (800) 736-3739 / F: 878-999-2920
renfrewcenter.com/locations/all-locations/renfrew-pittsburgh-pa-eating-disorder-treatment-center

The Turning Point
199 North Main Street
Washington, PA 15301
T: (724) 228-2203
www.abstinentliving.com/Eating%20Disorders.htm
Anorexia, Bulimia, Compulsive Overeating

Cameron Wellness Center Nutritionist/Dietitian
Kali T. Aloia MPH, RD, LDN, CLT, Nutrition Coordinator
Michelle Campion MS, RD, LDN, CLT, Registered Dietitian
240 Wellness Way
Washington, PA 15301
T: (Kali) (724) 250-5207 / T: (Michelle) 724-250-6244
Email: kaloiawhs.org / Email: mcampionwshs.org

UPMC Center for Eating Disorders
100 North Bellefield Ave
Pittsburgh, PA 15213
T: (724) 933-3910
www.upmc.com/services/behavioral-health/eating-disorders

Emily Heim, MA, MSW, LCSW
1200 Ashwood Drive, Suite 1201
Canonsburg, PA 15301
T: (724) 884-0466
Local Therapist who specializes in working with people with eating disorders

MEDICATION REFERRALS

Robert J. Algaier, MD
2432 Greensburg Pike
Pittsburgh PA 15221
T: (412) 244-1900

Jennifer Bowman, DNP, CRNP, PMHNP-BC
1200 Ashwood Drive Suite 1201
Canonsburg, PA 15317
T: (724) 884-0466

Dr. Alan Axelson
180 Fort Couch Road, Suite 340
Pittsburgh, PA 15241
T: (412) 831-0355

Jasbir Kang, MD
615 East McMurray Road
McMurray, PA 15317
T: (724) 942-3996

NeuroPsychiatry Center
Ravi Kant, MD
200 Old Pond Road, Suite 201
Bridgeville, PA 15017
T: (412) 220-7323 / F: (412) 220-7325
www.drkant.com

Dr. Stephen Lee
37 Highland Avenue
Washington, PA 15301
T: (724) 223-1067

R. K. Mehta, MD
129 Simpson Road, Suite 109
Brownsville, PA 15417
T: (724) 785-9444

Mona Mikhail, MD
1385 Washington Road, Suite 102
Washington, PA 15301
T: (724) 222-2010

Koushik Mukherjee, MD
3402 Washington Road, Suite 304
McMurray, PA 15317
T: (724) 941-5363

Rajendra Nigam MD
200 Old Pond Road, Suite 107
Bridgeville, PA 15017
T: (412) 220-0144

Vista Behavioral Health Associates
1370 Washington Pike, Suite 303
Bridgeville, PA 15301
T: (412) 206-0123